

MEDIO FONDO

1. FROM GREAT MISSENDEN TO WENDOVER

Turn L out of Misbourne School drive. At RAB turn R.
At RAB turn R.
Turn L at RAB SP Chesham on B485.
Turn L SP Ballinger Common.
Continue through Ballinger Common.
Turn L at T SP Swan Bottom.
At Xrds turn R SP St Leonards.
At unmarked junction take left fork.
At unmarked junction take right fork SP St Leonards.
At T turn L SP Wendover Descend Aston Hill and **CARE** (busy road)
at bottom.
Turn L at T for Wendover.
In Wendover SO first mini RAB.
At second mini RAB, in Wendover, turn L.
Go SO at third mini RAB and leave Wendover.

2. FROM WENDOVER TO WATLINGTON

At Butlers Cross Xrds turn L, SP Great Missenden.
After 3m turn R SP Whiteleaf.
At RAB, on A4010, turn L.
After 1/2 mile turn second L, and climb Whiteleaf Hill.
At top of Whiteleaf Hill turn R.
At T turn L.
At T turn L & climb Wardrobes.
At Xrds at top turn R, SP Loosley Row.
At Xrds turn R (not SP). At A4010 **CARE** (busy road) go SO.
At next 2 Xrds SO.
At T turn L. Climb Bledlow Ridge & turn R at T, SP Chinnor.
At T, whilst descending Chinnor Hill, **CARE** (blind junction) and turn R.
In Chinnor turn L at RAB along A4009, SP Watlington.
At Kingston Blount turn L, SP Kingston Grove.
Climb Kingston Wood to refreshment stop.
At T with A40 turn R, SP Oxford. Turn L at Xrds and pass under M40.
SO through Shirburn to Watlington.
Turn L into Hill Road, where road narrows, & shop has sign "Kingfisher".

3. FROM WATLINGTON TO GREAT MISSENDEN

Climb Watlington Hill. 100m later at Christmas Common turn R, and bear R.
Turn L along B480 SP Pishill & Stonor.
1 mile after Pishill, in Stonor, turn L SP towards Turville Heath.
At fork, turn R, SP Fingest, and 50m later at Xrds turn R no SP.
At T turn R no SP. In Fingest at T turn L. SP Stokenchurch.
After leaving Fingest continue uphill to Bolter End.
At Xrds with B482 go SO, SP West Wycombe.
Go under M40, to Piddington. At A40 turn R, SP Wycombe.
Turn L, SP Bledlow Ridge. In Bledlow Ridge Village turn R, SP Saunderton.
At T with A4010 turn R. Turn L, off A4010, SP Bradenham and Walters Ash.
At T at top of hill turn R SP Naphill.
Immediately before large Naphill sign turn L toward Upper North Dean.
At T turn L SP Speen. In Speen turn R SP Great Hampden
Go SO at Xrds SP Great Hampden At T turn R SP Great Hampden.
At Xrds go SO SP Great Missenden.
At T turn R SP Great Missenden. At junction in Great Missenden turn R.
At first mini RAB go SO, and at second RAB go SO.
Turn R into Whitefield Road, and L into Misbourne Drive.
Continue to finish in Misbourne School under gantry.